

SEA SPA

Come discover and enjoy the Sea Spa at the Artiem Carlos III hotel, a space designed for relaxation with fabulous views over the port of Mahón.

Our facilities include a Turkish bath, sauna, sensation shower, thermal loungers and the fantastic Infinity Jacuzzi located on the hotel terrace.

BEAUTY AND WELLNESS

MANICURES AND PEDICURES

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| MANICURE DELUXE | 38€ |
| MANICURE EXPRESS | 20€ |
| MANICURE + SHELLAC | 38€ |
| PEDICURE + SHELLAC | 40€ |
| PEDICURE DELUXE | 48€ |
| PEDICURE EXPRESS | 25€ |
| SHELLAC REMOVAL | 10€ |



Our Deluxe treatments include peeling, nail filing, foot bath with hard skin and cuticle removal, plus, if necessary, paraffin hydration and nail polish application.

HAIR REMOVAL AND TINTING

We offer a hair removal and eyebrow/eyelash tinting service. Check our prices.

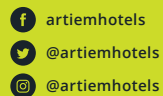
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| SEMI-PERMANENT OR PERMANENT EYELASH OR EYEBROW TINT | 20€ |
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IMPORTANT: For people aged 15 years and above. Swimwear must be worn. Please let us know if you have any illnesses that may affect your use of the facilities or treatments. All prices include VAT. A 50% charge will be made in the event of a no-show or cancellation with less than 2 hours' notice.

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ENGLISH

sea spa



ARTIEM CARLOS

MASSAGES

HOT STONE MASSAGE 50' | 70€

Massage using heated volcanic rocks that transmit their mineral properties which helps to relieve tension.

FOOT REFLEXOLOGY 30' | 48€

Thousand-year-old technique that massages the different areas on the sole of the foot to therapeutically benefit the body.



PARTIAL LYMPHATIC DRAINAGE 30' | 40€

Precise massage of the lymphatic system, recommended for eliminating toxins and fluids and improving blood circulation in a specific area: face, arms, stomach or legs.

LYMPHATIC DRAINAGE 50' | 65€

Precise manipulation of the lymphatic system, working a wider area or several areas of the body.

PARTIAL RELAXATION MASSAGE 25' | 40€

Therapeutic massage using sweet almond oil, recommended for removing tension and eliminating stress from a specific area of the body (back or legs or head and face).

FULL RELAXATION MASSAGE 50' | 70€

Therapeutic massage using sweet almond oil, recommended for removing tension and eliminating stress. Focusing on the back, arms and legs.

SPORTS MASSAGE 50' | 75€

Massage providing more precise, technical manipulation: sports massage, deep tissue and stretch massage.

PARTIAL SPORTS MASSAGE 25' | 50€

Partial massage providing more precise, technical manipulation: sports massage, deep tissue and stretch massage.

CRANIOFACIAL MASSAGE 20' | 35€

Massage focusing on the face and/or head. It alleviates nervousness and tension in the back of the neck and shoulders. Its gentle motions restore overall harmony in the case of physical and mental stress.

BODY TREATMENTS

Therapeutic treatments that stimulate blood circulation and prevent premature ageing. These improve muscle tone and alleviate tension, or benefit the appearance, hydration or nutrition of the skin.

Some treatments also influence mood or emotional state. Our professional staff will help guide your choice.

BODY PEELING 25' | 40€

Skin exfoliation with micronised salt crystals and flowers.

FIRMING VITAMIN C BODY WRAP 60' | 74€

Exfoliation, massage and hydration with a high Vitamin C content. Leaves skin feeling clean, refreshed and deeply hydrated, making it more radiant and elastic.

CHOCOPASSION 60' | 75€

An exquisite treatment including peeling and massage with a warm cocoa wrap that is rich in oils. This nourishing treatment relieves stress and is rich in antioxidants.

HYDROMASSAGE 25' | 20€

Choose between a Cleopatra bath, marine bath or personalised bath with Menorcan therapeutic essences.

WRAPS (seaweed or mud) 30' | 40€

Draining seaweed wrap and massage of stubborn areas to eliminate toxins and to help eliminate cellulite.

WRAP + ANTI CELLULITE MASSAGE 70' | 83€

Draining seaweed wrap and massage of stubborn areas to eliminate toxins and to help eliminate cellulite.

PRESSOTHERAPY 1 session 30' | 25€

PRESSOTHERAPY 10 sessions | 190€

Mechanical lymphatic drainage, restoring overall harmony in the case of physical and mental stress while stimulating lymphatic circulation, eliminating fluids and helping to reduce the appearance of cellulite.

CRANIOFACIAL MASSAGE + PRESSOTHERAPY 30' | 40€

Massage focusing on the face and/or head to alleviate nervousness and tension in the back of the neck and shoulders, combined with a mechanical lymphatic drainage. Restoring overall harmony in the case of physical and mental stress while stimulating lymphatic circulation, eliminating fluids and helping to reduce the appearance of cellulite.



FACIAL TREATMENTS

We use two top-quality brands: Dr. Hauschka, which takes a natural, holistic approach, and Natura Bissé, famous for its excellent formulas resulting from research and technology developed to serve the cosmetic industry. All treatments begin with a cleanse followed by the specific treatment required in each case. Our professional staff will advise you on the best treatment for a spectacular result. The products are also available to continue the treatments at home, ask us without any obligation.



DR HAUSCHKA

A TOUCH OF LIGHT 30' | 40€

Light facial cleanse followed by hydration.

PERSONALISED HAUSCHKA 60' | 68€

A complete skin treatment with the most appropriate products for the specific needs.

HOLISTIC HAUSCHKA 75' | 85€

A personalised treatment beginning with a wrap of muslin cloths scented with lavender and lemon essential oils.

FACIAL DRAINAGE 20' | 35€

Lymphatic drainage of the face and neck helping to eliminate toxins and impurities to rejuvenate and revitalise the face.

NATURA BISSÉ

VITAMINA C+C (firming) 60' | 70€

With high vitamin C content (up to 6%). An antioxidant that firms, rejuvenates and brightens the skin.

O₂ (skin oxygenation) 60' | 70€

Cleanses, clears and brightens blocked pores and dull skin. Particularly suitable for men's skin.

THE CURE (deluxe cleanse) 70' | 70€

Very deep, effective cleanse that works from the inside out.

ANTI-AGEING CHALLENGE 60' | 80€

Rich in isoflavones from Florentine iris, it is deeply nourishing and very firming, smoothing laughter lines and wrinkles.

SENSITIVE SKIN 60' | 70€

For sensitive skin or skin that has been exposed to the sun. Provides lightness, soothes and reinvigorates.